

Kindly note that some of our dishes are prepared w delightful addition of Parmesan cheese during the cooking process



**GLUTEN FREE AVAILABLE**

GF PIZZA + £1.5  
(NOT SUITABLE FOR COELIACS)

## ANTIPASTI

OLIVES ① Vegan Herb-infused olives w a hint of garlic & citrus	3.95
PANE & PINZIMONIO ① Vegan Bread, olive oil & balsamic	3.95
BRUSCHETTA ① Vegan without the cheese Rustic toasted bread w roasted aubergine w a subtle smoky finish, sun-dried tomato pâté & creamy stracciatella	7.95
	ADD Parma ham 4
ARANCINETTI ① Golden crisp arancini filled w cream of spinach & Italian sausage, served w sun-dried tomato mayo	10.5
CALAMARI FRITTI Deep fried fresh calamari served w lemon mayo	10.5

## PASTA & RISOTTO

RIGATONI BOLOGNESE Traditional Italian slow cooked beef ragout	11.95
TONNARELLI CARBONARA Pancetta, egg yolk & Parmesan	11.95
TONNARELLI ALLE VONGOLE Sautéed clams, white wine, garlic & chilli	12.95
RISOTTO OR TONNARELLI DI MARE Mixed seafood, tomato sauce, chilli & garlic	13.5
RIGATONI ALL' ARRABBIATA ① Vegan Homemade tomato sauce, garlic & chilli	10.95
	ADD Stracciatella 4 Prawns 5 Chicken 4

## PANINI

served on artisan brown seeded ciabatta w fries  
Mon to Fri only

L'ITALIANO Parma ham, stracciatella & basil pesto balanced w cherry tomato confit	9.95
IL PICANTE Roasted aubergine, spianata salami, rocket & lime mayo	9.95
IL FANTASTICO Mortadella, rocket, sun-dried tomato mayo & stracciatella	9.95
IL VEGETARIANO ① Vegan without the cheese Roasted & smoky aubergine, sun-dried tomato pesto, scamorza & rocket	9.5
IL PROTEICO Marinated chicken, rocket, fresh tomato, sun-dried tomato mayo	10.5

## INSALATE

POLLO Marinated chicken, roasted smoky aubergine, mixed leaves & sun-dried tomato mayo	13.5
GAMBERI Citrus marinated prawns, fresh orange, fennel, rocket, mango sauce & lime mayo	13.95
TRICOLORE Sliced tomato, rocket leaves, stracciatella & basil	11.5
	ADD Parma ham 4

## PIZZAS

Vegan cheese available on request

MARGHERITA ① Fior di latte, tomato & basil	11.95
DIAVOLA Tomato, fior di latte, pepperoni & fresh chilli	12.95
VEGETARIANA ① Tomato, fior di latte & roast vegetables	12.5
MARIUZZA Fior di latte, cream of courgette, crispy Italian sausage, tomato confit, stracciatella & tarallo crumble	13.95
PROSCIUTTO E RUCOLA Parma ham, rocket leaves & burrata cream	13.95
PIGGY Tomato, fior di latte, ham, pepperoni, Italian sausage & fresh chilli	13.5

## EXTRA TOPPINGS

Olives, onions, chilli, tomato	1
Cooked ham, grilled veg (aubergine, peppers & courgette), pepperoni, Italian sausage, spianata, Nduja	2.5
Parma ham, chicken, stracciatella, mortadella (pistachio)	4
Burrata (whole)	5

## I CONTORNI

PATATE ① Vegan Roasted or fries	5.95
BROCCOLI ① Vegan Sautéed broccoli, garlic, chilli & almonds	6.95
INSALATA DI POMODORI ① Vegan Tomato, red onion & basil	6.5
INSALATA MISTA ① Vegan Mixed leaves salad	5.5
INSALATA DI RUCOLA ① Vegan without the cheese Rocket, tomato & parmesan shavings	5.95
INSALATA MEDITERRANEA ① Vegan Fennel, orange & Kalamata olives	6.5
SPINACI ① Vegan Sautéed spinach in EVO oil & garlic	5.95

NOT ALL INGREDIENTS ARE LISTED IN THE DISH DESCRIPTIONS – PLEASE INFORM YOUR SERVER OF ANY ALLERGIES OR INTOLERANCES

(GF) GLUTEN-INTOLERANT FRIENDLY (TRACES MAY BE PRESENT) - PLEASE NOTE OUR KITCHEN IS FULL OF LOVE (AND FLOUR!)

ADDITIONAL VEGETARIAN & VEGAN OPTIONS CAN BE PREPARED ON REQUEST

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO YOUR BILL

